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OHS SUPPORT MEMORANDUM 2 of 2020

TO: ALL GDE EMPLOYEES

FROM: MR. EDWARD MOSUWE HEAD OF DEPARTMENT

SUBJECT: ACCESSING EMPLOYEE HEALTH AND WELLNESS SERVICES FOR ALL GDE EMPLOYEES DURING THE COVID-19 NATIONAL DISASTER MANAGEMENT LOCKDOWN LEVEL 3.

- The Employee Health and Wellness unit would like to communicate an arrangement regarding access of Counselling and Trauma debriefing services for all GDE employees during this difficult period of the National Disaster COVID-19 lockdown level 3.
- 2. Research has already shown that our workforce is overburdened with psychological effects of stress and trauma as a result of ill-health and COVID19 further exacerbates this situation.
- 3. Following the President's announcement on the reopening of the Education sector, the GDE issued Memorandums 24 and 29 of 2020, respectively, reaffirming its commitment to provide access to psychosocial services of its employees and their family members at no cost to them.
- 4. Employees who may need psychosocial support intervention or services are advised to utilise the 24hours support system through the GPG EH&W Zinakekele programme and the NICD support centre system.
- 5. The 24hours support systems and counselling services may be accessible through the following contact details:

Contact Person and Support Centres	Contact Numbers
GPG EH&W Zinakekele	Toll-free: 0800611169
GPG EH&W Zinakekele sms call back system	31581
NICD	Toll-free: 0800029999
Send Hi on WhatsApp to COVID-19 Connect	0600123456

6. Kindly ensure that you keep safe and observe all relevant health protocols to avoid the spread of COVID-19.

Kind regards, ĩ MR. EDWARD MOSUWE

DATE:

HEAD OF DEPARTMENT